

Name: Colton Merrill, ATC, CPT		Grading Quarter: 2	Week 16 Beginning: November 18 th 2024
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 2	
Monday	Notes:	Objective: Identify active ingredients in common over the counter medications. Link active ingredients in these medications to medicinal purpose. List side effects related to each active ingredient. Identify which medication is appropriate in various cases. Explain the importance of understanding active ingredients in over the counter medications. Lesson Overview: L 2 Active Ingredients in OTC	Academic Standards: 8.3
	Notes:	Objective: Explain the best forms of treatment for the common cold and flu viruses and their symptoms Identify symptoms of mild allergic reactions and common medications used in their treatments Lesson Overview: L 3 Cold and Allergy	Academic Standards: 8.3 3.6
	Notes:	Objective: Identify symptoms of mild allergic reactions and common medications used in their treatments Identify anaphylaxis and demonstrate use of an EpiPen to treat Lesson Overview: L 4 Asthma.pptx	Academic Standards: 8.3 3.6
	Notes:	Objective: Learn more about contemporary ergogenic aids and their efficacy Understand the process and purpose of the drug testing procedures at various levels of sport Lesson Overview: L 7 Ergogenic aid cont.ppt	Academic Standards: 3.6

Friday	Notes:	<p>Objective: Learn more about contemporary ergogenic aids and their efficacy Understand the process and purpose of the drug testing procedures at various levels of sport</p> <p>Lesson Overview: L 8 Drug Testing in Sports.</p>	Academic Standards: 3.6
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